

BREAKFAST

SEPTEMBER 2024

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2 LABOR DAY TPCDC CLOSED	3 LIFE CEREAL* FRUIT MILK	4 BLUEBERRY MUFFINS FRUIT MILK	5 KIX CEREAL FRUIT MILK	6 PANCAKES* APPLESAUCE MILK
9 RICE KRISPIES FRUIT MILK	10 BAGELS* CREAM CHEESE FRUIT MILK	11 LIFE CEREAL FRUIT MILK	12 MULTIGRAIN TOAST* JELLY FRUIT MILK	13 HONEY BUNCHES OF OATS* FRUIT MILK
16 KIX CERAL FRUIT MILK	17 WAFFLES* FRUIT MILK	18 RICE KRISPIES FRUIT MILK	19 PANCAKES* APPLESAUCE MILK	20 LIFE CEREAL* FRUIT MILK
23 CORN CHEX FRUIT MILK	24 MULTIGRAIN TOAST* JELLY FRUIT MILK	25 CHEERIOS FRUIT MILK	26 ENGLISH MUFFINS* FRUIT MILK	27 HONEY BUNCHES OF OATS FRUIT MILK
30 KIX CERAL FRUIT MILK				

*=Whole Grain. Fruit served with snacks and breakfast include grapes, bananas, oranges, pears, apples, blueberries, strawberries, melon, cantaloupe and fruit cups (mangos, mixed fruit, peaches). Vegetables include carrots, cucumbers, bell peppers, green salad, coleslaw, tomatoes, mixed vegetables, green peas, and carrots. Milk is whole for under 2; 1% for all others.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

AM SNACKS

SEPTEMBER 2024

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2 LABOR DAY TPCDC CLOSED	3 DINO BITE CRACKERS FRUIT WATER	4 PITA BREAD CHEESE FRUIT WATER	5 GOLDFISH FRUIT ORANGE JUICE	6 GRAHAM CRACKERS FRUIT MILK
9 PITA BREAD CHEESE FRUIT WATER	10 PRETZELS STRING CHEESE FRUIT WATER	11 GOLDFISH FRUIT WATER	12 CARROTS CUCUMBERS FRUIT CRACKERS ORANGE JUICE	13 SUN RISE BITE CRACKERS FRUIT WATER
16 RICE CAKES FRUIT WATER	17 ANIMAL CRACKERS FRUIT WATER	18 TURKEY HONEY STICKS CRACKERS FRUIT WATER	19 HUMMUS PITA CHIPS FRUIT APPLE JUICE	20 YOGURT FRUIT CRACKERS WATER
23 CUCUMBERS CARROTS FRUIT CRACKERS ORANGE JUICE	24 GRAHAM CRACKERS FRUIT MILK	25 VEGGIE STRAWS FRUIT WATER	26 SUN RISE BITES FRUIT WATER	27 RICE CAKES FRUIT WATER
30 CRACKERS HUMMUS FRUIT APPLE JUICE				

***=Whole Grain. Fruit served with snacks and breakfast include grapes, bananas, oranges, pears, apples, blueberries, strawberries, melon, cantaloupe and fruit cups (mangos, mixed fruit, peaches). Vegetables include carrots, cucumbers, bell peppers, green salad, coleslaw, tomatoes, mixed vegetables, green peas, and carrots. Milk is whole for under 2; 1% for all others.**

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PM SNACKS

SEPTEMBER 2024

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2 LABOR DAY TPCDC CLOSED	3 SALSA CHIPS FRUIT WATER	4 HONEY TURKEY STICKS FRUIT CRACKERS APPLE JUICE	5 CARROTS PEPPERS CUCUMBERS CRACKERS FRUIT WATER	6 YOGURT CRACKERS FRUIT WATER
9 VEGGIE STRAWS FRUIT APPLE JUICE	6 GRAHAM CRACKERS FRUIT WATER	7 SEAWEED FRUIT CHEESE WATER	8 RICE CAKES FRUIT WATER	13 HUMMUS PITA CHIPS FRUIT WATER
16 SOFT PRETZELS FRUIT WATER	13 VEGGIES FRUIT CRACKERS WATER	14 SUNRISE BITES FRUITS WATER	15 SALSA CHIPS FRUIT-WATER	20 HONEY TURKEY STICKS CARROTS FRUIT WATER
23 YOGURT FRUIT WATER CRACKERS	20 SOFT PRETZELS FRUIT WATER	21 VEGGIE BITES BROCCOLI FRUIT WATER	22 TUNA CRACKERS FRUIT WATER	27 HUMMUS PITA CHIPS FRUIT APPLE JUICE
30 GRAHAM CRACKERS FRUIT WATER				

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